



Welcome...

Nestled between Canterbury, Ashford and Folkestone, the Elham Valley is in the Kent Downs Area of Outstanding Natural Beauty.

There can be few places as tranquil as Kent's Elham Valley which is so easy to reach and offers such a range of activities. Enjoy a walk in the unspoiled countryside followed by a pub lunch at one of the many charming village pubs. Breathe in the fresh air, drink in the views and feel yourself relax.



Discover the valley's rich history, visit one of our ancient churches, a museum or just stroll around these historic villages, returning home with body and soul refreshed. Stay longer and learn a traditional craft, hire a bike, or play a round of golf.

There's accommodation to suit every budget. We have simple B&Bs, campsites, or more luxury rooms. There are also many great places to eat, restaurants, take-aways and tearooms. We have village grocery shops and bakery if you prefer to self-cater, everything you need without leaving the valley.

Getting here



By Car access is easy from the M20 and A2

By Rail to Sandling or Folkestone for the southern end of the valley, to Canterbury for the northern end. For train times see www.nationalrail.co.uk

By Bus on the following regular local bus routes:

- Route 18 Hythe to Canterbury
- Route 17 Folkestone to Canterbury
- Route 16 & 16a Canterbury to Saltwood

These walker-friendly buses allow you to roam the Elham Valley, and transport you back to most of the surrounding towns and villages. Leave your car behind and buy a great value 1 day Explorer or 7 day Megarider ticket. See website for latest details and offers. www.stagecoachbus.com Further afield, to the north – historic Canterbury, to the south – the charming fishing town of Hythe and Folkestone, the gateway to France and beyond. Channel Tunnel day trips to France from Folkestone, ferry trips from Dover, or Eurostar trips from Ashford.



KENT'S Elham Valley

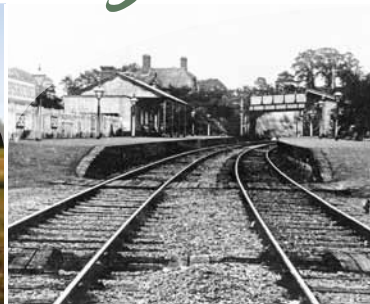
Escape, Discover, Unwind



Issue 2

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Highlights and Days Out in the Elham Valley...



Enjoying the great outdoors


There are many ways to enjoy the jewel of the Elham Valley – the countryside. Walk along the Elham Valley Way, cycle along the Coast to Cathedral route or explore the valley on horseback. For something a little slower-paced, explore the valley's nature reserves, historic parklands, vineyards and ancient woodlands.

Broadening your horizons

The Elham Valley is well known for its range of fun activities and experiences for visitors of all ages. Visit the Elham Valley Railway Museum at Peene or view Bishopsbourne's old railway station from the road bridge. You can also discover crafts or hobbies at the Countryside & Railway Museum.


Recharging your batteries

Just spending time in the Elham Valley is a great way to unwind and relax. The valley has a growing reputation as a centre for 'health and wellbeing' and you will find yoga, meditation and sound therapy workshops, massage, reflexology, beauty treatments and much more.




Elham Valley Yoga - Live True
Yoga & Movement Meditation by Alex Hanly. An opportunity to stretch, move & breathe. Private Yoga for individuals, couples or small groups in the comfort of your own home.
www.alexhanly.com

Grid ref: **M7**




Elham Valley Railway Museum
Something for everyone at the Countryside Centre & Railway Museum. Old Kentish Barn sells handmade crafts. Tearoom for refreshments & snacks. Special events throughout the season.
www.elhamvalleylinetrust.org

Grid ref: **T7**

Bourne Physiotherapy
Professional Physiotherapy for multiple conditions & Injuries
www.bournephysio.co.uk
Julie Perkins Chartered Physiotherapist
MSc, BA (Hons), BSc (Hons); MCSP, MPF, MSOM, HCPC Registered

Grid ref: **M7**




Essential Beauty
Reflexology, aromatherapy collagen facial, manicures - pedicures, eyelash/brow tinting & waxing. Janene is a therapist with over 21 years' experience. The Limes, High Street, Elham
Tel: 01303 840052

Grid ref: **M7**




Elham Valley Yurts
Stay in a Yurt in the beautiful Elham Valley.
B&B or self catering. CT4 6NL
Tel: 01303 840859 or 07932163613
www.elhamvalleyyurts.co.uk

Grid ref: **M9**



Kent Battle of Britain Museum
Kent Battle of Britain Museum, Aerodrome Road, Hawkinge, CT18 7AG. The largest collection of Battle of Britain artefacts on show in the World.
www.kbobm.org Tel: 01303 893140

Grid ref: **R10**




Etchinghill Golf
27 hole golf course, academy course & flood-lit driving range. Open to the public for breakfast, lunch, afternoon tea & Sunday carvery. Function room for hire for Weddings, etc.
01303 862929 deb@pentlandgolf.co.uk

Grid ref: **Q6**

Grid ref:



Biketart Bike Hire
What better way to get around the beautiful Kent Countryside. Book online & pickup from our Barham or City store. Local B&B delivery possible. CT4 6DQ
Tel: 01227 832582 www.biketart.com

Grid ref: **19**

Places to Stay, Eat and Visit... 2018



Cosy Tea Rooms
Why not treat yourselves to breakfast, lunch, afternoon tea or try our hand roasted coffee, cake or homemade scones in our warm friendly Tea Rooms. Mon to Sat 9 - 4. Elham CT4 6TD Tel: 01303 840344 www.thecosytearooms.co.uk

Grid ref: **M7**




Boyke Manor Cottages
History, quality and a very warm welcome at our self-catering cottages. Tel: 01303 862173 CT4 6XH or 07860 452640 www.boykemanorcottages.co.uk

Grid ref: **O6**



Elmfield Farm Cottages
A warm welcome awaits at our two cosy self-catering cottages on our farm high on the Kent Downs. Tel: 01227 709404 CT4 6DW www.elmfieldfarmcottages.co.uk

Grid ref: **M3**



Bridge Cottage B&B
Two tastefully furnished, en-suite family rooms. Beautiful setting on the Elham Valley Way Ottinge, CT4 6XJ Tel: 01303 862933 www.bridgecottagesimplybandb.co.uk

Grid ref: **O6**



Shuttlesfield Barn Self Catering
High quality, 2 bedroom, sleeps 4. En-suite wet room & shower room. Disability access & facilities. Pets welcome. Outdoor heated pool. CT18 8LB Tel: 01303 862729 www.shuttlesfieldbarn.co.uk

Grid ref: **P7**



Jackdaw
Historic Pub & Restaurant which featured in the 1969 MGM film Battle of Britain. Here you will find the old world charm of a country inn at the front and an extensive, contemporary dining area behind. Tel: 01303 844663 CT4 6QZ www.thejackdaw.info

Grid ref: **J10**



Duke of Cumberland
A traditional Country Inn built in 1749, serving traditional food & with 3 well presented bedrooms. The perfect place for weary travellers looking to relax in a comfortable environment with a convivial atmosphere. CT4 6NY Tel: 01227 831396 www.dukeofcumberland.co.uk

Grid ref: **G10**

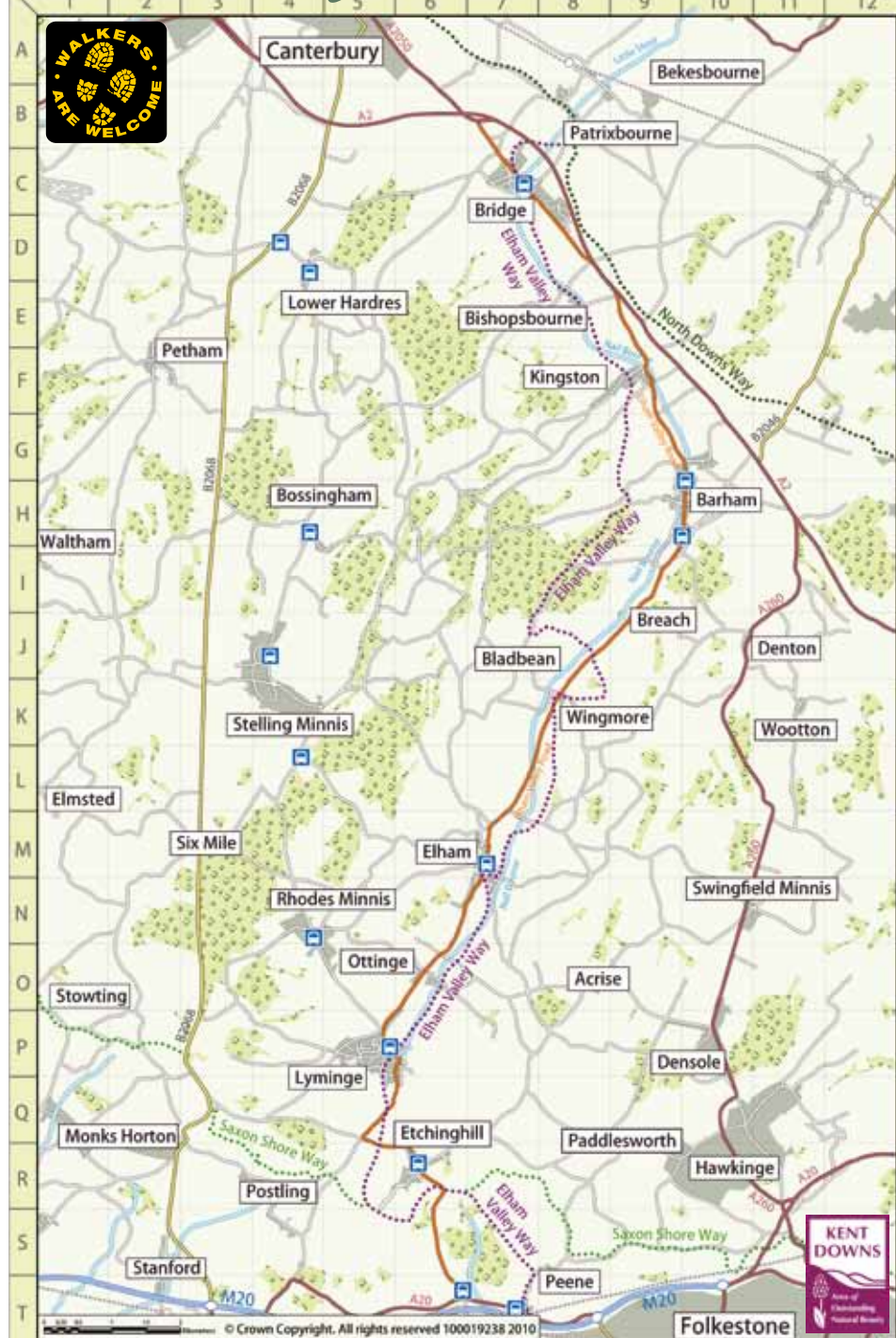


The Elham Valley Stores
Please support this local shop for all your groceries, newspapers, fresh fruit & vegetables, off licence, health, beauty and household products. Open 7am until 7pm, 7 days a week Tel: 01303 840080

Grid ref: **M7**



Stagecoach see the Elham Valley by bus on the **The Link** from Folkestone or Canterbury go to stagecoachbus.com/eastkent for timetable info




The Cat & Custard Pot
Soak up the atmosphere of the Battle of Britain at this historic pub which is just down the road from RAF Hawkinge. Paddlesworth, CT18 8AD Tel: 01303 892205 www.catandcustardpot.co.uk

Grid ref: **Q8**



The Rose & Crown
Alan & Vicky extend a warm friendly welcome to our 16th Century Grade II listed Inn. With 6 spacious & comfortable rooms (1 dog friendly). Tel: 01303 840890 Elham, CT4 6TD www.roseandcrownelham.co.uk

Grid ref: **M7**



Vineyard Tea Shop
Elham Valley Vineyard, Barham Canterbury CT4 6LN Open 7 days: Breakfasts, light lunches, cream teas, cakes to order, wine tasting, pottery, crafts. Tel: 01227 831266 www.familyinvestmenthomes.com

Grid ref: **I9**



The Vineyard Garden Centre
Elham Valley Vineyard, Barham, Canterbury, CT4 6LN Open 7 days: Trees, shrubs, bedding plants, garden sundries, gifts, crafts, teasop. Tel: 01227 831052 www.vineyardgardencentre.co.uk

Grid ref: **I9**



Hilltop Spinning & Weaving
Specialists in spinning, weaving, dyeing and related textile craft supplies and tuition. Open by appointment only Tel: 01303 862617 www.handspin.co.uk

Grid ref: **P5**



The Gatekeeper
The Gatekeeper promises a warm and friendly welcome to our family-run traditional pub with a fantastic range of award-winning ales and ciders, as well as delicious home-cooked food. CT18 8DE. Tel: 01303 864345 www.gatekeeperinn.co.uk

Grid ref: **R6**



The Abbot's Fireside
A warm and friendly welcome awaits you at the Abbot's Fireside. There are 6 delightful en-suite bedrooms, an excellent restaurant & a well stocked public bar; The Smithies Arms. CT4 6TD Tel: 01303 840566 www.abbotfireside.com

Grid ref: **M7**



St. Oswalds Church
Visit a 12th century church, enjoy the architecture, the history and the quiet. Paddlesworth, CT18 8AD Tel: 01303 893365

Grid ref: **Q8**



The Kings Arms
A warm friendly atmosphere & great food awaits you & your family 7 days a week. Mon - Sat 11am - 11pm, Sun 12 - 11pm. The Square, Elham CT4 6TJ Tel: 01303 840242 www.thekingsarmselham.com

Grid ref: **M7**